

Overview of the Gateway Coaching Program

September 2024

The overarching mission of the **Gateway Coaching Program** is to promote and develop a longitudinal coaching relationship to aid in the lifelong learning, medical education journey, and professional development of the learner. This program augments traditional academic advising model and is a truly unique approach to supporting our students through their medical education journey. The Gateway Coaching Program is guided by the following principles:

- Enhancing *authentic human connection* through longitudinal coaching relationships
- *Cooperative inquiry and active listening* in all interactions
- *Individualized support through deep understanding* of the Gateway Curriculum and assessments and the WUMS journey
- *Guided reflection* to promote maximal growth and lifelong learning
- *Courage and humility*—to explore identity, health, illness, sickness, and disease, of self, patients, communities, and structures and systems of care

Cohorts of eight to nine students are longitudinally coached by a clinician-educator faculty member across Phases of the MD curriculum. Faculty coaches participate in both intensive on-boarding and regular faculty development. In Phase 1, coaching occurs on Wednesday afternoons each week in the first two Modules and during the Immersions, then roughly every other week to facilitate reflection and provide opportunities for students to process their experiences and build community. Coaching continues longitudinally with meetings every four weeks during Phase 2 and Phase 3. Students also meet individually with coaches at regular intervals to review their individual competency dashboard and set learning goals.