



# The Study of Medicine

Preparing the next generation of leaders in biomedicine



"From my interview day and onwards, I felt like the students and the faculty I met here were invested in my success and happiness as a prospective medical student. As I navigated deciding on medical schools, I found the staff and students here to be most willing to engage with me and help guide me on my path to being a future physician. The learning environment is more collaborative than I could ever imagine. Every student and faculty member alike is more than willing to share all the knowledge, resources and connections they have to help you learn. It has made it a very comfortable experience to learn the demanding amounts of information and skills that medicine asks of us."

lan Marigi, MD '24



"When choosing where to train, I wanted an environment where I felt supported by my peers, professors, and administration: a place that prioritizes not only academic rigor and clinical excellence, but also a culture of well-being. At WashU Medicine, I found a community that prioritizes student wellness. During times when I needed extra support due to unforeseen personal events, I felt comfortable reaching out to our deans and faculty, who always showed deep compassion and worked with me to provide me with the accommodations I needed. Knowing that the institution supports me, I feel like I have the resources to truly thrive in my training."

Jiwon Yi, MD/PhD Student



"My classmates are a group of diverse people with a multitude of different experiences and backgrounds, but with two common traits: supportive and caring. I didn't know it was possible to find so many genuinely friendly, interesting and innovative people, all ready to learn how they can give back to society — but WashU Medicine is able to find them, every single year!"

Gabbie Johnson, MD, MSCI '23

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FRONT COVER (left to right): Students Isabella Gomes, MD '25, Aseeyah Islam, MD '25, and Eric Lu, MSTP. BACK COVER (left to right): Students Miguel Hernández Rovira, MD '25, Jo Frempong, MSTP, and Alberto Sobrero, MD '25.

WASHINGTON UNIVERSITY SCHOOL OF MEDICINE



## **Driven to Make a Difference**

Join our collaborative community of scholars

Each year, Washington University School of Medicine welcomes an impressive class of first-year students with enormous potential to impact the future of health and medicine. Immersed in a culture of collaboration and inclusion — and surrounded by support from faculty and peers — they flourish as they explore virtually limitless learning opportunities.

### At WashU Medicine, you'll benefit from:

- Unparalleled resources for clinical training and research
- An innovative, flexible curriculum customized for your individual goals
- **Distinguished faculty mentors** offering guidance as you explore your interests
- Opportunities to impact health equity in underserved communities
- Affordable cost of living in a city rich in culture

Graduates obtain highly competitive residencies nationwide and go on to practice medicine in the location of their choice.



## A Student-Centered Approach

Bringing together the brightest minds

WashU Medicine has a long history of academic excellence. High standards distinguish the school, and what truly sets it apart is its collegiality and an enduring commitment to providing a welcoming and supportive environment in which to learn the practice of medicine. Our students are surrounded by:

- Extraordinary classmates who bring out the best in each other,
- Faculty who show their passion for teaching every day and
- Administrators who respond to students' needs.

We invite you to discover our student-centered approach to education and become a part of our global health enterprise.

Kathryn Diemer, MD, (right) assistant dean of career counseling and professor of medicine, helps students find high-quality matches to their chosen specialties.

### **Nurturing Individual Development**

WashU Medicine's commitment to helping students thrive is evident at every stage of the medical school experience. Students find that the support and resources they need are readily available as they explore and define their own individual interests, goals and aspirations.

### One-on-one mentorship

WashU Medicine assigns each first-year student a dedicated faculty coach with whom they will remain for the duration of their medical education. The coaching program is designed to enhance student success by monitoring progress, providing guidance and fostering skills.

### Commitment to diversity

WashU Medicine recruits and serves a diverse group of students, faculty and trainees underrepresented in medicine. The curriculum prepares a diverse student body to provide culturally responsive care that more effectively reduces health inequities.

### Personalized career guidance

Students work closely with the Career Counseling Office to explore career possibilities, find their best fit, and navigate the residency process to successfully match into their preferred position. Additionally, the curriculum's Explore component connects students to physician role models and mentors.

### **Emphasis on wellness**

The WashU Medicine culture values the overall wellness of each student. Dedicated professionals in the Office of Medical Student Affairs and the Office of Student Financial Planning can help students address personal, professional, financial and academic issues confidentially.



#### WELLNESS RESOURCES

- Peer advocates
- Student wellness reps
- Academic support
- · Financial planning
- Health services
- Emotional support
- Recreational activities
- Student groups
- Social events
- · Spiritual practice



## **Innovative Curriculum**

Inspiring learners to advance human health

The Gateway Curriculum prepares students to lead the transformational changes needed in the field of medicine by integrating critical dimensions of practice: basic science, clinical skills, health-systems science, social and behavioral science, and professional identity formation. Students benefit from:

- Competency-based learning
- Transparent assessment system
- Technology-enhanced and active learning
- Programming that promotes relationships with peers, teachers, patients and systems of care
- Longitudinal curricula supporting the formation of professional identity

The Gateway Curriculum consists of three phases over four calendar years. Its Explore component allows students to examine their own career goals and gain exposure to areas of interest in academic medicine.



The Gateway Curriculum consists of three phases over four calendar years:

- Gateway to Foundations (17 months)
- Gateway to Clinical Medicine (12 months)
- Gateway to Specialization (16 months)

### **Training Exceptional Clinicians**

WashU Medicine's extensive clinical facilities and superlative clinical teachers provide an environment for exceptional clinical training.

Our students have early access to hands-on patient care, working with master clinicians, residents, fellows and allied health-care providers. In the process, they learn how the areas of medical science interrelate and how leading-edge technology is applied. Faculty often perform dual roles as scientists and clinicians, bringing the most current knowledge and methods of inquiry from the laboratory to the bedside and supporting translational, clinical and community-based research.

Clinical training emphasizes both the science of medicine and the art of effective communication with patients. Medical students begin learning to take histories and to examine patients soon after starting medical school.

As students interact with our large, diverse patient population, they gain exposure to both mundane and rare medical conditions and witness firsthand the social and structural determinants of health.

Washington University Medical Campus is one of the nation's largest academic medical centers. Its on-site hospital affiliates provide 2,014 licensed beds; two of those affiliates, Barnes-Jewish Hospital and St. Louis Children's Hospital, are members of BJC HealthCare, the first integrated health-care system in the country.

Despite the size of the Medical Campus, clinical education occurs largely at patients' bedsides and in one-on-one or small group settings. It's the best of all circumstances: a broad base of patients and an intimate mentoring environment.



The school's clinical faculty practice group is one of the largest in the nation.

> 1,959 Clinical faculty

1.6 million Outpatient visits



U.S. News & World Report **BARNES-JEWISH HOSPITAL** 

Specialties nationally ranked

ST. LOUIS CHILDREN'S HOSPITAL

Pediatric specialties nationally ranked

Learn more: medicine.washu.edu/facts

# Gateway Curriculum Overview

T Foundations

17 MONTHS

Foundational modules
Clinical immersions
Explore career development (Immersion)

PHASE 2

Clinical

12 MONTHS

Clinical clerkships

<u>Explore career development (Discovery)</u>

PHASE

3 Specialization

16 MONTHS

Advanced clinical rotations
Internal Medicine subinternship
Specialty-specific electives
Explore career development (Deep Dive)

YEAR ONE

TW/O

/EAR THREE

**YEAR FOUR** 





# **Gateway to the Foundations**

Phase One begins with a one-week Gateway to the Curriculum orientation. It continues with foundational science modules of variable lengths incorporating basic, clinical, social and systems science knowledge.

During Phase One, students rotate through three clinical immersion environments: ambulatory/emergency department, inpatient, and perioperative/periprocedural/procedural. These three-week immersions help students develop clinical skills, understand the social and health-systems sciences, and form a professional identity.

A four-week Explore experience — along with seven weeks of unscheduled time — during Phase One gives students the opportunity to probe their interests early in training.

Phase One ends with a one-week Capstone course to solidify and consolidate knowledge and skills, and to further prepare students for clinical clerkships.

### **FOUNDATIONAL SCIENCE MODULES**

- Molecules to Society
- Defense and Response to Injury
- Breathing and Circulation
- Nutrition and Digestion
- Metabolism and Reproduction
- · Scaffolding and Movement
- Brain and Behavior

MaeMae Huang, MD '25, cares for a patient at St. Louis Children's Hospital during an immersion rotation.



## **Gateway to Clinical Medicine**

In Phase Two, students rotate though six eight-week core clinical clerkships.

Each clerkship begins with one week of specialty-specific, foundational science material taught in a "signs and symptoms" framework to facilitate core knowledge transfer to clinical reasoning. This is followed by clinical immersion, when students join patient care teams with more engagement in advanced clinical work than Phase One. Finally, each clerkship ends with consolidation, a one-week period for revisiting concepts and filling in knowledge gaps, and including assessments, reflection, coaching and community (ARCC).

The Explore component continues in Phase Two. During the clinical rotations, students have the option of attending networking and learning opportunities for the four pathways. Many students will continue longitudinal scholarship work, and some students may take 16 weeks towards scholarly work.

#### **CLINICAL CLERKSHIPS**

- · Internal Medicine
- Surgery
- Pediatrics
- · Obstetrics and Gynecology
- Neurology
- Psychiatry



## **Gateway to Specialization**

During Phase Three, students explore the foundational, clinical, social and systems sciences relevant to their chosen field. Schedules and activities are tailored to individual passions and career aspirations. The majority of students choose to do scholarship in Phase Three that is focused in an area of their interest. All students are required to complete:

- Internal medicine subinternship
- Two Advanced Clinical Rotations (ACR) in areas they select
- Two Keystone Integrated Science Courses (KISCs)
- Gateway to Residency (Capstone) course early in their graduation year

The remaining time is entirely elective. Students can choose to work on a project, further their knowledge and skills within the respective Explore pathways, or take extended time to pursue a dual degree. By the completion of Phase Three, students will complete their achievement of the core competencies and develop competencies and an identity consistent with their chosen profession.



## The Explore Pathways

The Explore component of the school's curriculum offers a formalized approach to career development that helps students find their niche in medicine in any of four pathways — Advocacy/Global Health, Education, Innovation and Research. Explore connects students to physician role models and mentors, creates opportunity for scholarship in any of the four pathways, and provides core training in the respective career pathway. It's a longitudinal, immersive and elective experience that begins during Phase One and continues throughout medical school.

### **Explore Through the Phases**

**Phase One — Immersion:** Students gain understanding of each pathway and choose one in which to gain skills and knowledge during their Explore Immersion. They also connect with mentors and define a scholarship project.

**Phase Two — Discovery:** During clinical rotations, students have the option of attending networking and learning opportunities for the four pathways as time allows. Many will continue longitudinal scholarship work. Some may delay clerkships to dedicate 16 weeks to scholarship.

**Phase Three** — **Deep Dive:** All students have the opportunity to use elective time to work on a project. Students can also further their knowledge and skills within their respective pathways through electives. Interested students may take additional time for dual-degree or year-long research programs.



Matt Freer, MD, associate professor of medicine, instructs then-medical student Basia Blachut, MD '20, at the Howard and Joyce Wood Simulation Center.

### Education

Physicians are not only learners and teachers within the medical education system, they are also facilitators of education for their patients and their communities. Through the Education Pathway, students will learn about curriculum development, learning science, classroom and clinical teaching skills, assessment and program evaluation. They also have the opportunity to engage in educational research and take education-focused electives.



Medical students lead a White Coats for Black Lives protest near the Medical Campus.

### Advocacy/Global Health

To deliver truly effective health care, future physicians must understand the many societal factors that influence health and drive health inequities. The goal of the Advocacy/Global Health Pathway is to aid in the development of leadership and advocacy skills among physicians to improve health and health-care systems. Students explore the role of advocacy and specify appropriate targets for intervention, including the development of policies.



MSTP student Rita Chen (center), Brett Case, PhD, and Laura VanBlargan, PhD. conduct COVID-19 research under high biosafety conditions.

### Research

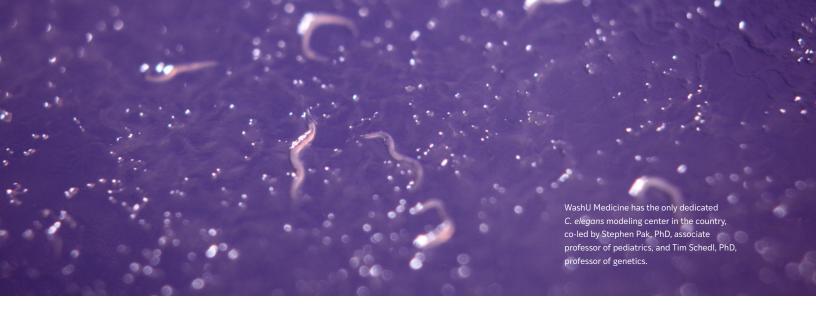
WashU Medicine encourages all students to consider conducting research, which can be performed through the Research Pathway or, more deeply, through dual degrees. The Office of Medical Student Research connects each interested student with seasoned investigators in the student's area of interest. As valued members of research teams, students gain a richer understanding of how scientific discoveries influence practice at the bedside, and vice versa.



Eric Leuthardt, MD, professor of neurosurgery, and mentee Sarah Chiang, MD '23, study a portable electroencephalogram (EEG) headset.

### Innovation

The Innovation Pathway allows students to experience ways in which the techniques of ideation, valuation, implementation and leadership all pair with excellent clinical skills to create advances in medicine. It introduces students to the foundations of innovative thought and provides the skills necessary to use these approaches. Opportunities to learn from and interact with leaders and innovators span the curriculum.



## **World-Class Research**

As one of the largest recipients of National Institutes of Health (NIH) funding for research and training, WashU Medicine conducts internationally renowned work in virtually every area of biomedical research, from fundamental basic science to clinical and translational investigation. Though it's not required, 95% of our medical students participate in research with guidance from gifted faculty mentors.

### Research in the Gateway Curriculum

Phase One: Students can participate in research five to 10 hours per week. A four-week immersive Explore experience gives students the opportunity to examine their interests early. They can choose didactic instruction in research and outline potential research.

**Phase Two:** Students interested in continuing research can participate in another immersive experience via a 16-week deferral of clerkships.

Phase Three: Students explore career interests through electives, extended study, and yearlong research and dual degree programs. The Yearlong Research Program allows students to pause their MD curriculum for one year.

### **#2 in NIH funding**



Groundbreaking research efforts currently include:

- Studying COVID-19 virus behavior and structure, designing vaccines and conducting clinical trials
- Seeking new ways to diagnose and treat stroke as part of a national network of stateof-the-art stroke treatment centers
- Making groundbreaking contributions to decoding the genetics of cancer and developing personalized treatments
- · Leading an international research collaboration to study inherited forms of Alzheimer's disease and spearheading the first drug prevention trial
- Pioneering non-invasive radiation treatment for lifethreatening heart arrhythmias
- · Spearheading efforts to understand the human gut microbiome



# **Dual Degree Programs**

The School of Medicine offers a variety of dual degree programs to accommodate individual career goals:

- Doctor of Medicine/Doctor of Philosophy (MD/PhD)
- Doctor of Medicine/Doctor of Philosophy in Biomedical Engineering (MD/PhD)
- Doctor of Medicine/Master of Science in Biomedical Informatics (MD/MSBI)
- Doctor of Medicine/Master of Science in Clinical Investigation (MD/MSCI)
- Doctor of Medicine/Master of Population Health Sciences (MD/MPHS)
- Doctor of Medicine/Master of Public Health (MD/MPH)
- Doctor of Medicine/Master of Business Administration (MD/MBA)

The MD/PhD program, known as the Medical Scientist Training Program (MSTP), is one of the largest in the country. Its mission is to train the next generation of clinicianscientists interested in academic careers at major medical schools and research institutions. Students apply to the program when applying to medical school or apply later to transfer into the program.

Learn More: md.washu.edu/academics/degree-programs



## **Service Learning and Community Engagement**

Partnering with under-resourced communities

Our socially engaged campus attracts students and practitioners who are invested in understanding social and structural determinants of health. The Health, Equity and Justice (HEJ) thread of the Gateway Curriculum highlights these determinants from both a theoretical perspective and through the lived experiences of patients, providers and community workers facing those barriers in St. Louis. HEJ content builds continually throughout the curriculum and integrates meaningfully with other subject areas. Students participate in volunteer opportunities for service learning — identified by partnering organizations that are working to advance health equity in St. Louis — and classroom time dedicated to foundational principles.

Pairing service learning with an anti-bias lens creates an experience that trains a new generation of socially conscious physicians and researchers who place equity at the forefront of their practice. The lasting impact made on students encourages partnership and the pursuit of health equity for all.

## SERVICE LEARNING ACTIVITIES

- Keep the Beat emergency preparedness and response
- CPR and opioid overdose training and teaching
- Operation Food Search food bank
- Stop the Bleed training

## STUDENT SERVICE GROUPS

- The Culinary Medicine Program teaches St. Louis families the principles of healthy eating.
- Geriatrics Outreach fosters interest in geriatric medicine while providing support to long-term residents of local care facilities.
- · Global Health and Medicine hosts a symposium and other events about international health and sponsors international experiences for medical students.
- The Health Outreach Program is a combined student organization committed to advocating for and partnering with the St. Louis community to improve health care outcomes.
- The Pediatric Outreach Program matches children suffering from chronic illnesses and their siblings with medical student big brothers and big sisters.
- The **Perinatal Project** matches medical students with high-risk expectant mothers to improve prenatal care.
- Students Teaching AIDS to Students delivers AIDS awareness to junior high schools.
- Sun Protection Outreach Teaching by Students teaches skin cancer prevention to teenagers.
- The Young Scientist Program works to attract high school students from disadvantaged backgrounds to scientific careers through hands-on research and individualized contact.



Members of OUTmed, a Department of Medicine-sponsored organization that advocates for the LGBTQIA+ community, march in the city's Pride parade every June.

#### **DIVERSITY, EQUITY & INCLUSION**

As core values of WashU Medicine, diversity, equity and inclusion are driving forces in everything we do. With the support of the Office of Diversity, Equity and Inclusion, student groups promote effective healthcare delivery to underserved groups, expose high school students to opportunities in science and medicine and promote a rich learning environment that extends beyond the walls of the Medical Campus. These activities provide valuable opportunities for networking and mentoring, community engagement, discussion and advocacy related to health-care issues.

Learn more: mddiversity.washu.edu/student-life/student-organizations

Learn more: mdadmissions.washu.edu/education/service-learning

## **Our People**

### Supporting you to become the physician you want to be

Our core educational resource is people; students learn by working together and by trading insights with caring faculty who are fully committed to excellence in teaching and are eager to share their experience and passion for the profession. Camaraderie with classmates — an overriding quality of the school — provides a built-in source of personal support and friendship as students navigate new challenges together.

Our students are exceptional, both academically and personally, with diverse talents and backgrounds. They are here to learn not just with each other, but from each other. Our competency-based curriculum enables lifelong learning, improves wellness and fosters collaboration.

Our faculty are focused on mentorship and helping students achieve their highest potential. Through the Gateway Curriculum's coaching program, they provide personalized guidance and support that spans all four years of medical school. In addition, coaches ensure that students have adequate opportunity to experience various career opportunities, including both clinical specialties and other academic pursuits.

Learn more: md.washu.edu/career-development/coaching

#### **FACULTY HIGHLIGHTS**



19

Nobel laureates have been associated with the School of Medicine

**15** 

Faculty members are fellows of the National Academy of Sciences

22

Faculty are members of the National Academy of Medicine

91

Faculty members hold individual career development awards from the National Institutes of Health (NIH)

1()

Investigators have NIH MERIT status



## Train here, thrive anywhere.™

### Discover how far WashU Medicine can take you

Our graduates advance to residencies at top university-affiliated hospitals and medical centers around the country. Collectively, they pursue successful careers in primary care, all of the clinical specialties, academic medicine, public health, and clinical and basic research. No matter what your definition of success — seeing patients in a primary care office in an underserved region or pushing the boundaries of medical science at a major academic medical center — you'll craft your own direction, gain the necessary foundation for future career success, and earn an education that is among the best in the world.



The Washington Manual of Medical Therapeutics is edited by chief residents and is among the most widely sold medical textbooks in the world.

### **Residency Training Locations 2019–23**





## **Active Student Life**

Great energy characterizes students who support each other

Our students are well-rounded individuals who possess many talents and interests outside of medicine, including visual arts, writing, dancing, music, literature, singing and athletics. Each class is diverse; the entering class of 2023 comes to the school from 31 states and 8 foreign countries, as well as 52 different colleges and universities.

The School of Medicine makes students' overall well-being a priority. In addition to supporting their academic needs, the school provides resources to address each student's unique physical, mental, spiritual and financial concerns.

Although the medical curriculum is rigorous, our students still find time to relax and have fun. Their numerous activities reflect the sense of exploration they share. The School of Medicine is located in the city's Central West End, where student lifestyles are accommodated by sidewalk cafes, coffee houses, bistros, bookstores and affordable apartments with timeless character.

Newly renovated and conveniently located on the edge of campus, The Core Apartment Residences consists of two buildings with 160 studio, one- and two-bedroom apartments. The complexes are fully furnished and home to a great hall; library; courtyards; common spaces; a fourth-floor terrace with beautiful views; a fitness room; and game, music, study and media rooms. Each unit has its own washer, dryer and kitchenette. Common kitchens offer additional gathering and socializing spaces.

Tennis and basketball courts on campus are used day and night. Forest Park's golf courses, jogging/bike path and athletic fields are just across the street. The university's Danforth Campus athletic facilities, accessible by MetroLink light rail (free to students), include an Olympic-size pool, indoor track and training equipment.

Learn more from our students at diso.washu.edu



Each year, first-year students write the Dis-Orientation Guide for the next incoming class, making it the definitive source for how to happily survive and thrive at WashU Medicine.

First-year students gathered in the Central West End for the 2019 orientation dinner.



### STUDENT ORGANIZATIONS

WashU Medicine students have created more than 60 organizations to address real-world issues on local, national and global fronts and to explore interests outside of medicine. The Office of Medical Student Affairs provides administrative support in making these groups a reality.



## **GOVERNMENT AND**

- The American Medical Student Association is a student-run national organization dedicated to representing the concerns of medical students.
- The American Medical Women's **Association** sponsors mentor programs and seminars.
- The Asian-Pacific American Medical **Student Association promotes** awareness of Asian-American health issues.
- The Student National Medical Association is committed to supporting underrepresented minority medical students and addressing the needs of underserved communities.
- The Latino Medical Student **Association** unites and empowers medical students to advocate for the health of the Latino community through service, mentorship and education.
- LGBTQmed helps create a welcoming and supportive experience for the school's LGBTQ community through increased visibility, advocacy and peer education.

- Sling Health is a student-run, healthcare accelerator that brings together professionals and students from numerous university programs to develop and commercialize solutions to real-world health-care problems.
- · LouHealth is a policy and public health advocacy group focused on issues that were exacerbated or exposed by COVID-19, or which contributed to worsening the pandemic.



### WELLNESS

- Climb Rx is a popular adventure group that utilizes three local rock gyms to test skill and endurance.
- Medical Student Government takes an active role in addressing student concerns and is responsible for advancing student interests and welfare.
- The Move into Mindfulness program teaches exercises to attain inner balance, control and peace of mind.
- The Officer of Student Representation (OSR), elected for each class, is charged with promoting wellness services and opportunities, as well as creating their own.
- The Yoga Club provides a means to restore one's mind and body amidst busy days of study.



### $^{\circ\!\!\circ}$ THE ARTS

- The Student Arts Commission fosters artistic expression by students, faculty and staff, adding richness to the medical school community.
- · The annual, student-sponsored Art Show is prominently featured in a major teaching facility.
- · The annual Student Musical is a Broadway-style, student-produced performance.



### FUN AND MENTORSHIP

· Cori, Erlanger-Graham and Lowry-Moore Academic Societies provide a forum for students and faculty to interact in informal settings.



### **≣** STUDENT PUBLICATIONS

- · The Dis-Orientation Guide is a survival guide to the school and city. diso.washu.edu
- Hippocrene is the literary magazine of Washington University School of Medicine.

See page 15 for student service groups.













Students come together to (clockwise from top left) observe Passover, play lawn games, visit the St. Louis Aquarium, join academic societies, build gingerbread houses and practice yoga.



# St. Louis: Vibrant and Thriving

A home base for a global School of Medicine

The "Gateway to the West" is a bustling metropolitan area of 3 million people that retains the friendly character of the Midwest. The fun and culture of a big city are readily available, but living here is easy and affordable.

Students enjoy the energy and exciting opportunities that surround the Medical Campus. Popular neighborhoods The Central West End and The Grove are favorites for dining and entertainment, while the Cortex Innovation Community has emerged as a regional hub for technology and entrepreneurship.

The Medical Campus also borders Forest Park, a student haven and one of the largest urban parks in the country. Home to St. Louis' zoo, science center, art museum and the Missouri Historical Society, the park also offers public tennis courts and golf courses, an outdoor ice rink, a 9-kilometer paved trail, picnic areas, athletic fields and a system of scenic lagoons and waterways.



## **SPORTS**

· St. Louis enthusiastically supports Cardinals baseball, Blues hockey, St. Louis City SC soccer and St. Louis Battlehawks football.



- The historic Fox Theatre presents Broadway shows, dance performances and concerts.
- The Black Rep offers live theater from the Black perspective.
- The Muny is the oldest and largest outdoor musical theater in the U.S.
- Saint Louis Art Museum's collection of art spans centuries and cultures.



### OUTDOORS

- Forest Park offers scenic walking and biking trails.
- The Missouri Botanical Garden has beautiful displays year-round.
- · Bike trails line both the Mississippi and Missouri rivers.
- · Ozark mountains and river valleys are perfect for outdoor recreation.



### ATTRACTIONS

- Historic St. Louis Union Station now includes the St. Louis Aguarium and a 200-foot Ferris wheel.
- City Museum is an all-ages indoor playground filled with caves, slides and climbing apparatus.
- The Gateway Arch offers a tram ride to the top and a free museum on the lower level.
- Tour the Anheuser-Busch Brewery and meet the Clydesdales.



### **TRAVEL**

- WashU provides students a free Metro pass with unlimited access to the light-rail and bus transit system.
- · St. Louis' central location makes exploring nearby cities easy and inexpensive.



The Office of Technology Management (OTM) entryway showcases WashU startups.

### **CORTEX INNOVATION COMMUNITY**

Consistently ranked a top medical school for research, WashU Medicine is also a catalyst in the St. Louis biotech and startup scene. In 2002, a \$15 million lead investment from WashU helped form the Cortex Innovation Community, a 200-acre business and technology hub that sits along the Medical Campus' eastern border and anchors St. Louis' growing ecosystem of startups. Cortex supports the nation's most promising technological advances with state-of-the-art facilities in an amenity-rich urban neighborhood, offering researchers custom lab and office space, a highly trained tech workforce and access to venture capital. It has grown to include more than 400 member companies and 6,000 employees since its inception.

Learn more: cortexstl.org

Learn more: medicine.washu.edu/about/st-louis

## **Ready to Apply?**



Rowan Gannon, MD '24 celebrates during Match Day.

Standards for admission are high. Applicants must possess personal qualities of character, aptitude, integrity and motivation suitable for a career in medicine. Other personal attributes considered include extracurricular accomplishments and avocational interests.

#### **Academic Requirements**

Applicants must present evidence of scholastic achievement as demonstrated by their academic record and performance on the Medical College Admission Test (MCAT).

Applicants must complete at least 90 semester hours of college courses in an approved college or university.

Required course work includes a minimum of one year in biological science, general or inorganic chemistry, organic chemistry, physics and calculus. Statistics can be substituted for one semester of calculus, and one semester of biochemistry can be substituted for one semester of organic chemistry. A course in biochemistry, though not required, is encouraged. In selected instances, one or more of these prerequisites may be waived by the Committee on Admissions. Although many applicants will have majored in one of the natural sciences, applications from those who have majored in the humanities or social sciences are equally welcome.

### **How to Apply**

The first step is to submit an application to the American Medical College Application Service (AMCAS) of the Association of American Medical Colleges (AAMC). The AMCAS electronic application is available at the AAMC website, www.aamc.org.

#### **Important Admission Information**

- Applicants are encouraged to apply early.
   The application deadline is November 1.
- In addition to the AMCAS application, applicants must submit letters of evaluation, complete a secondary application and pay a \$100 application service fee. If you have been granted a fee waiver from AMCAS, we will automatically waive your supplemental application fee.
- Following an evaluation of applicants' credentials, carefully selected applicants are invited to interview with members of the Committee on Admissions. Virtual campus visits include extensive time with current students and tours of the hospitals, laboratories, Bernard Becker Medical Library, The Core residence hall and other facilities of Washington University Medical Campus.
- Admission decisions are made and the applicant is notified of the decision following a timetable that begins early (October 15) and continues until the entering class is filled (typically by April 1).

#### **Cost of Education**

Under the Tuition Stabilization Plan, each student's tuition remain the same for the entire four-year program of study. Allowances for entertainment, travel, clothing and other miscellaneous items must be added to each student's estimated cost.

#### **Financial Assistance**

Our scholarship program builds on the school's longstanding commitment to minimize financial barriers while attracting highly qualified students from diverse backgrounds. The additional promise to "lock in" a student's scholarship awards — both merit- and need-based — upon entry helps students determine their full cost of education prior to matriculation. With stabilized tuition and fixed scholarship awards, entering students that have to borrow loans will have a better understanding of their overall debt at graduation.

The ability to finance a medical education does not influence the student selection process. All students accepted for admission have proven scholastic ability and are automatically reviewed by the Scholarship Committee for merit awards. The committee determines the number of awards and level of support on an individual basis. Both full and partial awards are available and may be combined with a qualifying student's needbased scholarship amount to help further reduce a student's debt at graduation.

Accepted students who hold U.S. citizenship or permanent residency status receive an email from the Office of Student Financial Planning outlining the application process for needbased aid and loans. Need-based scholarships and loan eligibility are awarded based on documented financial need. Award notifications are typically emailed to qualifying students within one week of receipt of the processed financial aid application.

### Class of 2024 Total Educational Debt

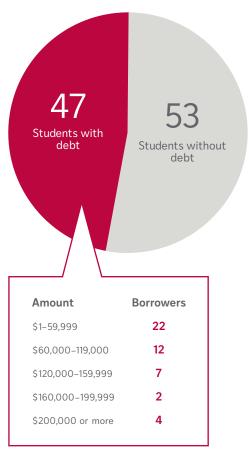
100 students total

### **Debt Comparison**

2024 WashU MD Program **\$91,685** 2023 Public University MD Programs \$197,843 \$222,381 2023 Private University MD Programs

Mean educational debt of those indebted only. Total educational debt includes pre-medical, medical and other degrees

### WashU Medicine Student Borrowing





### Contact Us

#### **ADMISSIONS**

Committee on Admissions Washington University School of Medicine MSC 8107-01-01 660 S. Euclid Ave.

St. Louis, MO 63110-1093 Telephone: (314) 362-6858

Fax: (314) 362-4658

Email: mdadmissions@wustl.edu Website: mdadmissions.washu.edu

### **FINANCIAL AID**

Committee on Student Financial Aid Washington University School of Medicine MSC 8059-0012-01 660 S. Euclid Ave.

St. Louis, MO 63110-1093 Telephone: (314) 362-6845

Fax: (314) 362-3045

Email: medfinancialaid@wustl.edu Website: finaid.med.washu.edu

#### Non-Discrimination Statement

Washington University encourages and gives full consideration to all applicants for admission, financial aid, and employment. The University does not discriminate in access to, or treatment or employment in, its programs and activities on the basis of race, color, age, religion, sex, sexual orientation, gender identity or expression, national origin, veteran status, disability or genetic information. Inquiries about compliance should be addressed to the University's Vice Chancellor for Human Resources, Human Resources Department, MSC 1190-853-03, Washington University in St. Louis, 1 Brookings Drive, St. Louis, MO 63130-4899. The School of Medicine is committed to recruiting, enrolling and educating a diverse student body. Title IX information may be found at md.washu.edu/resources/policies.

**Diversity Statement**Washington University School of Medicine's culture of collaboration and inclusion is the foundation for success in everything it does. The School of Medicine recognizes that by bringing together people from varying backgrounds, experiences and areas of expertise, it can develop richer solutions to complex scientific questions, train culturally sensitive clinicians and provide health care in a way that best serves our diverse patient population. To support these values, the School of Medicine is deeply committed to building a diverse and inclusive community in which everyone is welcomed and valued. As the School of Medicine engages more fully with the community around it and appeals more broadly to student talent, it has adopted a clearer priority on diversifying its own ranks. Washington University encourages and gives full consideration to all applicants for admission, financial aid and employment regardless of race, color, ethnicity, age, religion, sex, sexual orientation, ability, gender identity or expression, national origin, veteran status, socio-economic status, genetic information. We implement policies and practices that support the inclusion of all such potential students, trainees and employees and are committed to being an institution that is accessible to everyone who learns, conducts research, works and seeks care on our campus. We provide reasonable accommodations to those seeking that assistance.

Technical Standards Statement
Individuals seeking to graduate from Washington University with a Doctor of Medicine degree are expected to gain broad competence in the skills that underlie the practice of medicine and surgery. With or without reasonable accommodations, they must have the knowledge, attitudes, and skills necessary to meet the School of Medicine's educational program objectives and meet the Technical Standards outlined at mdadmissions. washu.edu/tech-standards. All graduates must be able to take a patient's history, perform an examination, and synthesize the findings into an assessment and plan in a reliable and effective manner. Abilities needed to meet these standards include: Observation Skills, Communication Skills, Motor Function, Intellectual-conceptual, Integrative and Quantitative Abilities, and Behavioral, Social and Professional Attributes.

#### Crime Awareness and Campus Security Act

Protective Services at Washington University School of Medicine is committed to maintaining a safe and secure campus while upholding an open and inclusive environment. Please visit facilities.med.washu.edu/ security-new for more information on Protective Services and facilities. med.washu.edu/wp-content/uploads/2021/09/2021-22-Annual-Safety-Report-1.pdf for the university's annual campus security report. A paper copy of this report can be viewed at the Mid Campus Center building on the Medical Campus, 4590 Children's Place, St. Louis, MO 63110, telephone number 314-362-4357

"The amount of faculty that have dedicated time for our own development and support is beyond what I could have imagined. In fact, there are so many resources that sometimes it is actually more difficult narrowing down which faculty you want to reach out to because there are so many great options! The faculty not only make the transition to medical school incredibly smooth, but they also continue to support students throughout all the phases of the Gateway Curriculum."

Joshua Lynch, MD '27



"It's hard for me to think of a more supportive community than my fellow classmates here at WashU Medicine. When it comes to school, we're incredibly collaborative — there is a collective understanding that working together, and not competing with each other, is the key to our success. You can always find someone to study with, especially when the content gets tougher, and people eagerly share their notes, Anki decks, and other resources with each other. Classmates not just from your year but years above will go out of their way to connect you with faculty and opportunities and get you involved in anything else you want to do at WashU, and the support extends beyond medical school."

#### Akshay Balaji, MD'26

"No one is kidding when they say that WashU Medicine provides numerous opportunities for students to explore passions and get involved. The faculty here are extremely approachable and excited to serve as mentors to students in any capacity. As someone who is eager to get involved in research on campus, I received helpful guidance and support when starting my search for a lab that would fit with my goals and interests. Within one week of my search, I was able to set up meetings with multiple faculty members, who were all excited to talk about opportunities for me to get involved in projects within their labs."

#### Rachel Alessio, MD '26

"WashU Medicine has one of the largest MSTP programs in the country, and I felt that by joining a large community, I would be strongly supported and have ample opportunities for seeking help. All the course directors are always open to student feedback and are heavily invested in ensuring we have the resources that best suit our own styles of learning."

#### Jesús Bazán Villicaña, MD/PhD Student







Train here, thrive anywhere. is a registered trademark of Washington University.



For more about the study of medicine and the daily experiences of medical students at WashU Medicine, please visit **mdadmissions.washu.edu.** 

